

A Survey to Help You Fight Against COVID-19 Panic

The recent pandemic of COVID-19 around the world has not only shaken our healthcare system but also our economic system. In addition to these direct effects, it has also brought in some indirect effects on us due to the information epidemic we are experiencing on the various social media. The objective of this survey is to understand the level of panic people are experiencing due to such flow of information and how to get rid of this. This survey might take a bit longer and hence your cooperation is highly solicited. The data that will evolve from this survey will be used exclusively for research purposes and your privacy will be taken care of.

Contact person:

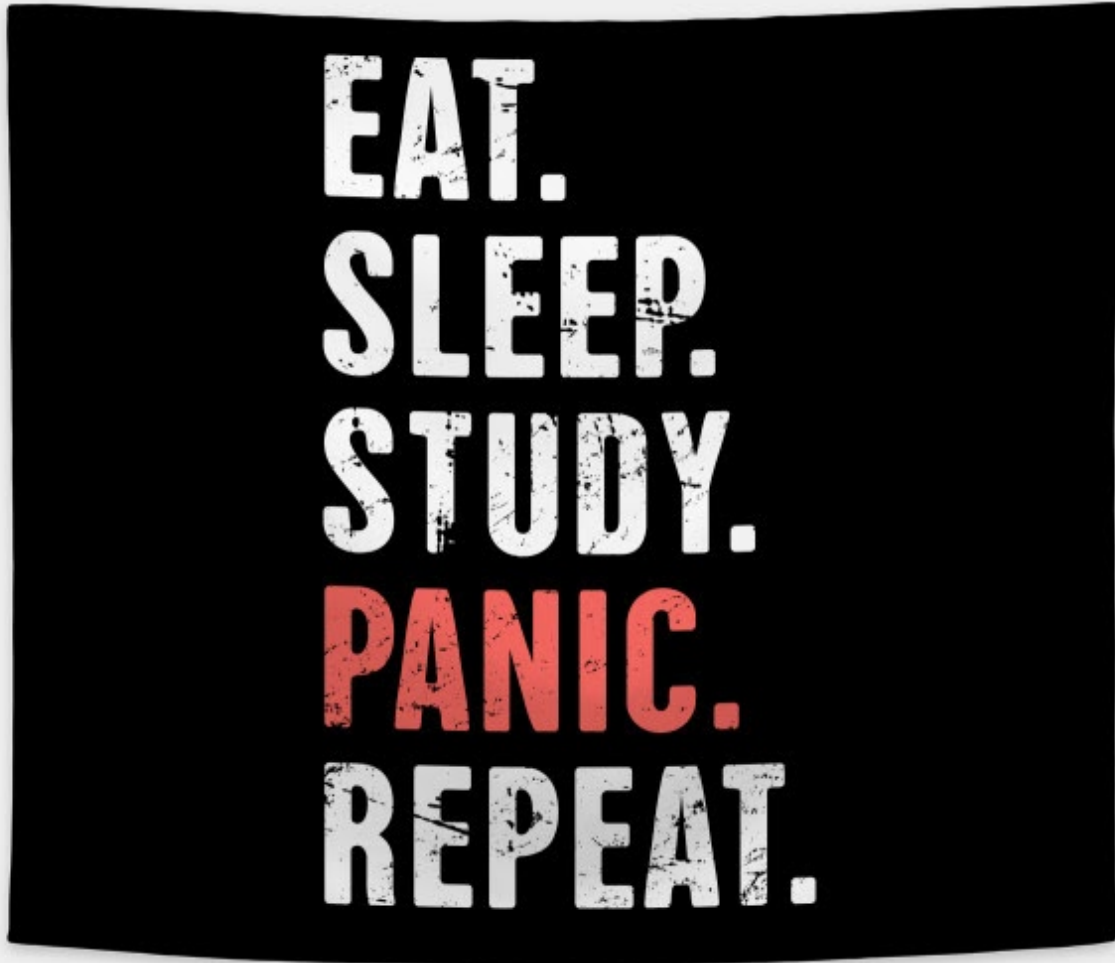
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* Required

Are we pursuing a pattern similar to the following? We should fight back. Let us understand ourselves.



1. E-mail ID *

2. Your association with COVID-19? *

Mark only one oval.

- ☐ As a health professional
- ☐ As a researcher
- ☐ As a part of the Government
- ☐ Others
- ☐ None

3. Age *

Mark only one oval.

- ☐ Below 21 years
- ☐ 21-30 years
- ☐ 31-40 years
- ☐ 41-50 years
- ☐ 51-60 years
- ☐ Above 60 years

4. Profession *

Mark only one oval.

- ☐ Student
- ☐ Academic professional
- ☐ Industry professional
- ☐ Business professional
- ☐ Health professional
- ☐ Homemaker
- ☐ Other

5. Gender *

Mark only one oval.

☐ Female

☐ Male

☐ Others

6. Current location type (before COVID-19 outbreak) *

Mark only one oval.

☐ City

☐ Suburban

☐ Village

7. Education level *

Mark only one oval.

☐ Below high school

☐ High school

☐ Bachelors

☐ Masters

☐ Doctorate

8. Currently staying with *

Check all that apply.

- ☐ Your parents
- ☐ Your spouse
- ☐ Your kids
- ☐ Your pet(s)
- ☐ Your friends
- ☐ None

9. How much are you panicked with the current COVID-19 pandemic? *

Mark only one oval.

	0	1	2	3	4	5	
Not panicked	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Highly panicked

10. What is the exact reason for your panic?

11. Your involvement in social media per day (before COVID-19 outbreak) *

Mark only one oval.

- ☐ Less than 1 hr
- ☐ 1-2 hrs
- ☐ 2-3 hrs
- ☐ More than 3 hrs

12. Your involvement in social media per day (after COVID-19 outbreak) *

Mark only one oval.

- ☐ Less than 1 hr
- ☐ 1-2 hrs
- ☐ 2-3 hrs
- ☐ More than 3 hrs

13. In which country do you currently stay? *

Mark only one oval.

- ☐ Afghanistan
- ☐ Akrotiri
- ☐ Albania
- ☐ Algeria
- ☐ American Samoa
- ☐ Andorra
- ☐ Angola
- ☐ Anguilla
- ☐ Antarctica
- ☐ Antigua and Barbuda
- ☐ Argentina
- ☐ Armenia
- ☐ Aruba
- ☐ Ashmore and Cartier Islands
- ☐ Australia
- ☐ Austria
- ☐ Azerbaijan
- ☐ Bahamas, The
- ☐ Bahrain
- ☐ Bangladesh
- ☐ Barbados
- ☐ Bassas da India
- ☐ Belarus
- ☐ Belgium
- ☐ Belize
- ☐ Benin
- ☐ Bermuda
- ☐ Bhutan
- ☐ Bolivia
- ☐ Bosnia and Herzegovina

- ☐ Botswana
- ☐ Bouvet Island
- ☐ Brazil
- ☐ British Indian Ocean Territory
- ☐ British Virgin Islands
- ☐ Brunei
- ☐ Bulgaria
- ☐ Burkina Faso
- ☐ Burma
- ☐ Burundi
- ☐ Cambodia
- ☐ Cameroon
- ☐ Canada
- ☐ Cape Verde
- ☐ Cayman Islands
- ☐ Central African Republic
- ☐ Chad
- ☐ Chile
- ☐ China
- ☐ Christmas Island
- ☐ Clipperton Island
- ☐ Cocos (Keeling) Islands
- ☐ Colombia
- ☐ Comoros
- ☐ Congo, Democratic Republic of the
- ☐ Congo, Republic of the
- ☐ Cook Islands
- ☐ Coral Sea Islands
- ☐ Costa Rica
- ☐ Cote d'Ivoire
- ☐ Croatia
- ☐ Cuba
- ☐ Cyprus

- ☐ Czech Republic
- ☐ Denmark
- ☐ Dhekelia
- ☐ Djibouti
- ☐ Dominica
- ☐ Dominican Republic
- ☐ Ecuador
- ☐ Egypt
- ☐ El Salvador
- ☐ Equatorial Guinea
- ☐ Eritrea
- ☐ Estonia
- ☐ Ethiopia
- ☐ Europa Island
- ☐ Falkland Islands (Islas Malvinas)
- ☐ Faroe Islands
- ☐ Fiji
- ☐ Finland
- ☐ France
- ☐ French Guiana
- ☐ French Polynesia
- ☐ French Southern and Antarctic Lands
- ☐ Gabon
- ☐ Gambia, The
- ☐ Gaza Strip
- ☐ Georgia
- ☐ Germany
- ☐ Ghana
- ☐ Gibraltar
- ☐ Glorioso Islands
- ☐ Greece
- ☐ Greenland
- ☐ Grenada

- ☐ Guadeloupe
- ☐ Guam
- ☐ Guatemala
- ☐ Guernsey
- ☐ Guinea
- ☐ Guinea-Bissau
- ☐ Guyana
- ☐ Haiti
- ☐ Heard Island and McDonald Islands
- ☐ Holy See (Vatican City)
- ☐ Honduras
- ☐ Hong Kong
- ☐ Hungary
- ☐ Iceland
- ☐ India
- ☐ Indonesia
- ☐ Iran
- ☐ Iraq
- ☐ Ireland
- ☐ Isle of Man
- ☐ Israel
- ☐ Italy
- ☐ Jamaica
- ☐ Jan Mayen
- ☐ Japan
- ☐ Jersey
- ☐ Jordan
- ☐ Juan de Nova Island
- ☐ Kazakhstan
- ☐ Kenya
- ☐ Kiribati
- ☐ Korea, North
- ☐ Korea, South

- ☐ Kuwait
- ☐ Kyrgyzstan
- ☐ Laos
- ☐ Latvia
- ☐ Lebanon
- ☐ Lesotho
- ☐ Liberia
- ☐ Libya
- ☐ Liechtenstein
- ☐ Lithuania
- ☐ Luxembourg
- ☐ Macau
- ☐ Macedonia
- ☐ Madagascar
- ☐ Malawi
- ☐ Malaysia
- ☐ Maldives
- ☐ Mali
- ☐ Malta
- ☐ Marshall Islands
- ☐ Martinique
- ☐ Mauritania
- ☐ Mauritius
- ☐ Mayotte
- ☐ Mexico
- ☐ Micronesia, Federated States of
- ☐ Moldova
- ☐ Monaco
- ☐ Mongolia
- ☐ Montenegro
- ☐ Montserrat
- ☐ Morocco
- ☐ Mozambique

- ☐ Namibia
- ☐ Nauru
- ☐ Navassa Island
- ☐ Nepal
- ☐ Netherlands
- ☐ Netherlands Antilles
- ☐ New Caledonia
- ☐ New Zealand
- ☐ Nicaragua
- ☐ Niger
- ☐ Nigeria
- ☐ Niue
- ☐ Norfolk Island
- ☐ Northern Mariana Islands
- ☐ Norway
- ☐ Oman
- ☐ Pakistan
- ☐ Palau
- ☐ Panama
- ☐ Papua New Guinea
- ☐ Paracel Islands
- ☐ Paraguay
- ☐ Peru
- ☐ Philippines
- ☐ Pitcairn Islands
- ☐ Poland
- ☐ Portugal
- ☐ Puerto Rico
- ☐ Qatar
- ☐ Reunion
- ☐ Romania
- ☐ Russia
- ☐ Rwanda

- ☐ Saint Helena
- ☐ Saint Kitts and Nevis
- ☐ Saint Lucia
- ☐ Saint Pierre and Miquelon
- ☐ Saint Vincent and the Grenadines
- ☐ Samoa
- ☐ San Marino
- ☐ Sao Tome and Principe
- ☐ Saudi Arabia
- ☐ Senegal
- ☐ Serbia
- ☐ Seychelles
- ☐ Sierra Leone
- ☐ Singapore
- ☐ Slovakia
- ☐ Slovenia
- ☐ Solomon Islands
- ☐ Somalia
- ☐ South Africa
- ☐ South Georgia and the South Sandwich Islands
- ☐ Spain
- ☐ Spratly Islands
- ☐ Sri Lanka
- ☐ Sudan
- ☐ Suriname
- ☐ Svalbard
- ☐ Swaziland
- ☐ Sweden
- ☐ Switzerland
- ☐ Syria
- ☐ Taiwan
- ☐ Tajikistan
- ☐ Tanzania

- ☐ Thailand
- ☐ Timor-Leste
- ☐ Togo
- ☐ Tokelau
- ☐ Tonga
- ☐ Trinidad and Tobago
- ☐ Tromelin Island
- ☐ Tunisia
- ☐ Turkey
- ☐ Turkmenistan
- ☐ Turks and Caicos Islands
- ☐ Tuvalu
- ☐ Uganda
- ☐ Ukraine
- ☐ United Arab Emirates
- ☐ United Kingdom
- ☐ United States
- ☐ Uruguay
- ☐ Uzbekistan
- ☐ Vanuatu
- ☐ Venezuela
- ☐ Vietnam
- ☐ Virgin Islands
- ☐ Wake Island
- ☐ Wallis and Futuna
- ☐ West Bank
- ☐ Western Sahara
- ☐ Yemen
- ☐ Zambia
- ☐ Zimbabwe

14. What do you feel after reading a post on COVID-19 in social media? *

Mark only one oval.

- ☐ More tensed
- ☐ Less tensed
- ☐ It depends on the content
- ☐ No effect

15. If you get to know older people have a higher death rate in COVID-19, you will plan for *

Mark only one oval.

- ☐ Sending only older people out for shopping
- ☐ Sending only younger people out for shopping
- ☐ No specific change of current plan

16. Do you like the jokes/memes about COVID-19 and share? *

Mark only one oval.

- ☐ Never
- ☐ Yes, but depending on the content
- ☐ Always

17. If your neighbor shows COVID-19 symptoms, what will you do? *

Check all that apply.

- ☐ Avoid contact with him
- ☐ Ask them to get isolated
- ☐ Report to the government officials/police
- ☐ Spread the news in the locality

18. If your friend sends an apparently serious message on COVID-19 and asks you to forward, what will you do? *

Mark only one oval.

- ☐ Forward the message because it has been sent by your friend
- ☐ Forward the message because it sounds real
- ☐ Verify the information in that message by going online official sites and then only forward
- ☐ You do not forward any message related to COVID-19

19. When are you more likely to believe a statement on COVID-19 in a post? *

Check all that apply.

- ☐ Some details are there in the post
- ☐ An image is enclosed in the post
- ☐ A link is enclosed in the post
- ☐ An appropriate document is connected to the link in the post

20. How do you generally make a decision about sharing a COVID-19 post that contains a link? *

Check all that apply.

- ☐ Reading only the content of the post
- ☐ Checking the link in the post
- ☐ Reading the linked content
- ☐ Relying the person who posted it

21. Will pneumonia vaccines protect you against the coronavirus? *

Mark only one oval.

- ☐ No
- ☐ Vaccination against respiratory illnesses is highly recommended
- ☐ It needs its own vaccine

22. How much time do you think it will take to get an appropriate COVID-19 vaccine ready (count from April 01, 2020)? *

Mark only one oval.

- ☐ Less than 1 month
- ☐ 1-2 months
- ☐ 2-3 months
- ☐ More than 3 months

23. For how long do you suggest a continuous lockdown in your country (also include the days that have already passed if a lockdown has already started)? *

Mark only one oval.

- ☐ Less than 21 days
- ☐ 21-30 days
- ☐ 31-40 days
- ☐ 41-50 days
- ☐ More than 50 days

24. If a free test for COVID-19 is offered by the Government, you will *

Mark only one oval.

- ☐ Participate in any situation
- ☐ Participate if you have recent travel history
- ☐ Participate if you have relevant symptoms
- ☐ Participate if you were in physical contact with someone infected in the last 14 days
- ☐ Not participate in any situation

25. What has happened to your productivity (any kind of) after the lockdown? *

Mark only one oval.

- ☐ Increased
- ☐ Decreased
- ☐ No change

26. What is the best thing you are experiencing (e.g., learnt cooking) during lockdown?

27. What is the worst thing you are experiencing (e.g., lost job) during lockdown?

28. Suggest how people can deal with the lockdown period in the best way.

29. If you have recently met with someone who has later been tested positive for COVID-19, but you do not feel sick, what will you do? *

Check all that apply.

- ☐ Quarantine yourself
- ☐ Carry on with indoor jobs
- ☐ Carry on with outdoor jobs
- ☐ Start consuming hydroxychloroquine and azithromycin (if available)

30. After returning from grocery shopping you *

Check all that apply.

- ☐ Sanitize only the hand
- ☐ Sanitize the other body parts of contact or the entire body
- ☐ Sanitize vegetables
- ☐ Sanitize the accessories like shoe/clothes/purse

31. At what times and for what purposes are you sanitizing yourself? (e.g., after returning from outside, before taking the food, before touching the baby, etc.)

32. COVID-19 is basically *

Mark only one oval.

- ☐ a bacteria
- ☐ a virus
- ☐ a viral disease
- ☐ a biological weapon

33. Do you need an air borne disease like precaution for remaining safe from COVID-19? *

Mark only one oval.

- ☐ Yes because I think so
- ☐ Yes because the research says so
- ☐ No

34. How long can the novel coronavirus survive in any kind of sample surface? *

Mark only one oval.

- ☐ Less than a week
- ☐ 1-2 weeks
- ☐ 2-3 weeks
- ☐ 3-4 weeks
- ☐ More than a month

35. Can eating chicken cause COVID-19 infection? *

Mark only one oval.

- ☐ Yes, any kind of
- ☐ Yes, only poultry chicken
- ☐ Yes, if it is not properly cooked chicken
- ☐ Not at all

36. What kind of mask is essential for avoiding infection from COVID-19? *

Check all that apply.

- ☐ N-95
- ☐ Clinical
- ☐ Normal
- ☐ Handkerchief or scarf
- ☐ No mask needed for healthy persons

37. How can you disinfect yourself from COVID-19? *

Check all that apply.

- ☐ Getting exposure to UV rays
- ☐ Burning candles
- ☐ Taking hot water bath
- ☐ None

38. Which one of the following things might decrease your COVID-19 panic (if applicable) most? *

Mark only one oval.

- ☐ Exercise/Meditation/Yoga
- ☐ Less exposure to social media
- ☐ Spending more time with family members
- ☐ Spending more time on your hobbies
- ☐ Reading scientific and medical papers
- ☐ Following CDC/WHO/Government reports on disease progress

39. How have the lockdown protocols in your country affected your mental health? *

Mark only one oval.

- ☐ Unaffected
- ☐ Less stressed and anxious
- ☐ More stressed and anxious

40. Any additional thought on COVID-19 or this survey?

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